

## Winter Menu - Week 3

<b>Monday</b>	<u>Lunch</u> Homemade beef meatballs in tomato sauce with tagliatelle <u>Dessert</u> Sorbet	<u>Tea</u> Potato and leek soup served with wholemeal toast. (See recipe)
<b>Vegetarian</b>	Plant based meatballs	As above
<b>Tuesday</b>	<u>Lunch</u> Sweet and sour chicken served with Noodles. (See recipe)	<u>Tea</u> Jacket potato and butter served with tuna mayonnaise
<b>Vegetarian</b>	Sweet and sour vegetables	Jacket potato with butter and cheese
<b>Wednesday</b>	<u>Lunch</u> Mixed fish pie served with sliced carrots and green beans. <u>Dessert</u> Exotic fruit salad	<u>Tea</u> Selection of wholemeal wraps: chicken, egg mayonnaise, and cheese served with salad sticks.
<b>Vegetarian</b>	Plant based pie	Cream cheese on oatcakes
<b>Thursday</b>	<u>Lunch</u> Roast chicken, roast potatoes, stuffing, Yorkshires, cauliflower and broccoli cheese served with gravy.	<u>Tea</u> Mackerel pate on oatcakes served with cucumber and tomato slices.
<b>Vegetarian</b>	Vegetable roast	As above
<b>Friday</b>	<u>Lunch</u> Lentil and vegetable curry with rice <u>Dessert</u> Apple crumble and custard	<u>Tea</u> Beans on wholemeal toast
<b>Vegetarian</b>	As above	As above