

Winter Menu - Week 2

Monday	<u>Lunch</u> Chilli con carne and rice served with garlic bread (see recipe)	<u>Tea</u> Pasta arabiatto (see recipe)
Vegetarian	Vegetable con carne	As above
Tuesday	<u>Lunch</u> Cod in parsley sauce, new potatoes, green beans and sweetcorn <u>Dessert</u> Mandarins with shortbread fingers	<u>Tea</u> Mushroom soup with wholemeal bread (see recipe)
Vegetarian	Mixed veg in parsley sauce	As above
Wednesday	<u>Lunch</u> Roast pork, roast potatoes, stuffing, Yorkshires and chunky mixed veg served with gravy.	<u>Tea</u> Home-made pepperoni pizza
Vegetarian	Vegetable roast	Cheese and tomato pizza
Thursday	<u>Lunch</u> Butternut squash macaroni cheese (see recipe) <u>Dessert</u> Mixed berry salad	<u>Tea</u> Beans on wholemeal toast
Vegetarian	As above	As above
Friday	<u>Lunch</u> Lasagne served with broccoli and garlic bread (See recipe)	<u>Tea</u> Selection of wholemeal rolls: Chicken, cheese, egg mayonnaise served with salad sticks
Vegetarian	Vegetable lasagne	As above